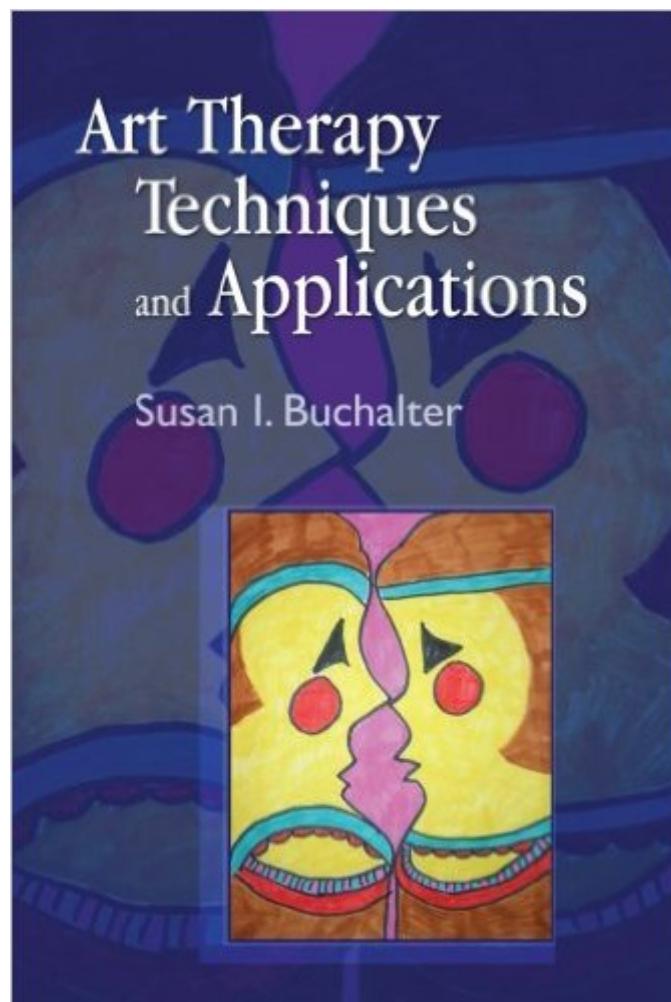


The book was found

Art Therapy Techniques And Applications



Synopsis

Art Therapy Techniques and Applications contains an original composite of therapeutic goals and evocative ideas that can be used with a wide variety of clients. This book is filled with innovative suggestions and plans that are easily implemented: from brief warm-ups to stretch the imagination, and collage and mask creations to assist the expression of mood, to guidance on combining modalities such as art, metaphors and movement, mindfulness exercises, and using computer programs to enhance art therapy projects. Clear and concise, this is an indispensable reference guide for the therapist who wants to improve focus, develop problem-solving skills, and add creativity to their group work. This book will appeal to art therapists, art therapy students and professors, counselors, and social workers

Book Information

Paperback: 222 pages

Publisher: Jessica Kingsley Publishers; 1 edition (July 15, 2009)

Language: English

ISBN-10: 1849058067

ISBN-13: 978-1849058063

Product Dimensions: 6 x 0.5 x 9 inches

Shipping Weight: 13.9 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ See all reviewsÂ (12 customer reviews)

Best Sellers Rank: #53,231 in Books (See Top 100 in Books) #39 inÂ Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Occupational Therapy #47 inÂ Books > Medical Books > Allied Health Professions > Occupational Therapy #103 inÂ Books > Textbooks > Social Sciences > Psychology > Clinical Psychology

Customer Reviews

Art Therapy Techniques and Applications offers directives applicable to various populations. The volume is organized around techniques, such as drawing, painting, collages, etc. with separate sections on mindfulness, computer art and multimedia. Great book for the new art therapist or the seasoned professional looking for inspiration. Highly recommended!

Your textbook was incredibly helpful in providing invitations to discuss frustrations through your art activity instructional lesson plans. At this point the "Who I am" activity seems to be the most popular. I will definitely use your books again as we grow and refine our art therapy curriculum.

I really appreciate having this book to use as a reference for when I will actually start practicing art therapy. I used one of the directives in class and it was very well received. You can also use this book as a starter guide and tweak the projects however you see fit.

I work with school age kids who have very limited verbal skills and was looking for ideas for group activities that would be creative, fun and therapeutic without having to rely so much on "talk therapy". This book has lots of very good practical ideas. Most were designed for adults but many are adaptable for kids. Very easy directions, and lots of activities that don't require a lot of set up or special materials. I will be getting a lot of use out of this one!!

Art Therapy Techniques and Applications offers an original collection of therapeutic tools and innovative suggestions easy to implement, and provides therapists with a fine reference for developing art therapy skills. Students, counselors, psychologists and others working in the field will find tips on using drawing, clay, puppets and multimedia in projects. No psychology collection should be without this specific set of guided exercises and ideas.

I work in private practice, and the value of this book cannot be praised enough. It is comprehensive, yet concise and easy to access with limited time when planning client sessions. I appreciate the intent behind the writing, as it builds upon more basic art therapy skills and gives in-depth strategies and modalities. Definitely one I will continue to reference for years to come!

This is a very interesting book. This was my first experience with art Therapy. This made me think this is something I might like to engage in.

wonderfully written art therapy book with great activities for anxiety, depression or just a great way to build rapport with a client

[Download to continue reading...](#)

Art Therapy Techniques and Applications Art: Painting For Artists - Styles: Acrylic And Oil Painting (art history, art books, art theory, art techniques Book 2) Basic Clinical Massage Therapy: Integrating Anatomy and Treatment Second Edition (LWW Massage Therapy and Bodywork Educational Series) Massage and Manual Therapy for Orthopedic Conditions (LWW Massage Therapy and Bodywork Educational Series) Nutrition Essentials and Diet Therapy, 11e (Nutrition

Essentials and Diet Therapy (Peckenpau)) Nutrition and Diet Therapy (Nutrition & Diet Therapy) A Cancer Therapy: Results of Fifty Cases and the Cure of Advanced Cancer by Diet Therapy Introduction to Massage Therapy (LWW Massage Therapy and Bodywork Educational Series) Williams' Essentials of Nutrition and Diet Therapy, 10e (Williams' Essentials of Nutrition & Diet Therapy) Current Therapy in Vascular and Endovascular Surgery, 5e (CURRENT THERAPY IN VASCULAR SURGERY) Beating Prostate Cancer (Hormonal Therapy & Diet, 1) (Hormonal Therapy & Diet, 1) Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 7e (Occupational Therapy Skills for Physical Dysfunction (Pedretti)) Quick Reference Dictionary for Occupational Therapy (Jacobs, Quick Reference Dictionary for Occupational Therapy) Sanford Guide to Antimicrobial Therapy 2016 (Spiral Edition) (Guide to Antimicrobial Therapy (Sanford)) Williams' Basic Nutrition & Diet Therapy, 15e (Williams' Essentials of Nutrition & Diet Therapy) Handbook of Pediatric Physical Therapy (Long, Handbook of Pediatric Physical Therapy) Pedretti's Occupational Therapy: Practice Skills for Physical Dysfunction, 6e (Occupational Therapy Skills for Physical Dysfunction (Pedretti)) 2016 Nelson's Pediatric Antimicrobial Therapy, 22nd Edition (Pocket Book of Pediatric Antimicrobial Therapy) Emotionally Focused Couple Therapy with Trauma Survivors: Strengthening Attachment Bonds (Guilford Family Therapy (Paperback)) Digital Painting Techniques: Practical Techniques of Digital Art Masters (Digital Art Masters Series)

[Dmca](#)